



SMALL STEPS

Families First and Flying Start are delivering a support group for parents and carers of children with a disability, who have a diagnosis, or are currently going through the ISCAN/SPACE ND process.

Last Wednesday of every month

January - November

from 9:30am - 11:00am

Heart of the Valleys Integrated Children's Centre
High Street, Blaina, Blaenau Gwent. NP13 3BN

For more information call 08000 32 33 39



CAMAU BACH

Mae Teuluoedd yn Gyntaf a Dechrau'n Deg yn darparu grŵp cymorth i rieni a gofalwyr plant ag anabledd, p'un a ydynt wedi cael diagnosis neu'n mynd drwy'r broses **ISCAN/SPACE-ND** ar hyn o bryd.

Dydd Mercher olaf pob mis
Ionawr – Tachwedd
o 9:30am i 11:00am

Canolfan Integredig i Blant Calon y Cymoedd
Stryd Fawr, Blaenau, Blaenau Gwent. NP13 3BN
I gael rhagor o wybodaeth, ffoniwch **08000 32 33 39**